# FIELD DAY

# **Sponsored by ISG People First**

Thursday, May 8, 2025 2:00pm-4:30pm Building 7 Lawn

**BUILD YOUR TEAM, COMPETE, WIN!** 



### WHAT IS LENOVO FIELD DAY?

Join your Lenovo wellness team, colleagues, and friends for an afternoon of competition, food, drinks, and fun!
25 teams of 10 will compete in three fitness-themed games:

Relay Race | Tug-of-War | Water Balloon Toss

Spectators are encouraged to come out to enjoy the show, grab some food and drink, and maybe play a mini-game or two.



# **HOW DO YOU REGISTER?**

All Lenovo employees, interns, and contractors are eligible to participate. Teams must have ten members to participate.

To register, have your <u>team captain</u> fill out this form Registration Deadline 4/25/25



Once registered, each participant will receive an email with a liability waiver, game rules, FAQs, brackets, and start times.





## WHY SHOULD YOU PARTICIPATE?

In addition to this being a great team building event for your department, Field Day will include:

- ·Food and drinks sponsored by ISG People First
- •Numerous spectator activities and prizes
- ·Most importantly: a good time











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